



### Origami Rose Box

This is a perfect gift box for someone you care about, maybe even someone as special as yourself.

Try filling the box with healthy snacks for a loving gift that's good to go.

- Dried Almonds, Walnuts or Hazelnuts for a protein rich heart healthy snack.
- Whole grain rolled oats with dried cranberries and raisins make a perfect breakfast

\* A mix of dried apricots, dates, mango and banana chips can be an exotic late night snack.

Use your imagination and give with heart and health in mind.

cut along the above line to create an 8.5in X 8.5 in. square.

Download additional Rose Box copies  
and view the detailed folding instructions at  
[http://www.nutritionmagician.com/Resource/Origami\\_Box.html](http://www.nutritionmagician.com/Resource/Origami_Box.html)



cut along both lines to create an 8 in X 8 in. square.

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