

Nationally Recognized Award Winning Chef/Educator Tom Ohling Presents

# Nutrition Magician®



motivational health & wellness education



**Magical Mealtime Tricks, Tips & Techniques  
To Improve Your Life at Work, Home & Play**

*"Your delivery had everyone riveted to your story and therefore open to hear the message... your professionalism, high energy, preparedness and content knowledge depth, made it easy for the group to relate their experiences to your information and motivate change."*

*- Scott Milam, NW Natural*

**Motivational  
Entertaining  
Affordable  
Learning experiences that audiences devour.**



*"I have received nothing but glowing comments on the impact that your seminars provided our customers."*

*- Rod Gibino, SYSCO Portland, Brands Manager*

*"Tom was an excellent presenter. He encouraged a wonderful teaching style that involved the audience in a fun way."*

*- participant comment ALF/EXPO 2001*

*"It was so refreshing to have an entertainer who teaches such important life lessons. I think we all learned from you."*

*- Miranda Johnson, Washington Co. Fair, Entertainment Coordinator*

**Businessman, entrepreneur, chef, magician, community volunteer Tom Ohling uses amazing magic, culinary legerdemain and pure passion to nurture individuals and organizations with the **Magic Of Healthy Choices****

*Put Tom On Your Menu Today 1.800.470.0588*

*tom@nutritionmagician.com www.nutritionmagician.com*

# increase **E**nthusiasm, Enhance **A**chievement, Build stronger **T**eams

*"You are what you eat" could be the most important lesson any of us ever learn. Within that statement lies the secrets to improved health, a cleaner environment, smarter schools, happier workplaces and better communities for us all."*



**Nutrition Magician.**  
★ ★ ★ recipes for success

Tom Ohling

503.284.7386

800.470.0588

tom@nutritionmagician.com

www.nutritionmagician.com

## Tom's Presentation Menu ★

### Keynotes 30 - 60 minutes

Tom's keynote presentations are informative and inspirational. As a first course his infectious enthusiasm will set a tone of excitement for the remainder of your event. As a closing speaker Tom is the dessert that will tie together your event and inspire everyone to action.

### Seminars 60 - 90 minutes

Learn valuable, practical information, while being entertained and amazed. His content-rich seminars are a great addition to any conference schedule or business meeting. Tom makes learning fun.

### Workshops 90 minutes to 3 hours

In-depth presentations of practical techniques for business success & personal growth. People leave Tom's seminars motivated to use what they've learned and to create positive results in their lives. Each seminar is customized to your group and your business goals.

### Combination Programs

Tom's clients often use him more than once at the same event. He'll deliver a keynote speech and then do a seminar or workshop. Program combinations are cost effective and produce incredible results.

## Who Uses Tom? ★

Conventions

Trade-Shows

Schools

Annual Meetings

Sales Trainings

Festivals

Luncheons

Retreats

Picnics

Dinners

Fairs

Banquets

Corporate Events

....anywhere that  
meaningful motivation  
and amazing  
entertainment  
will make a difference.

## ★ Tom's Recipe For Success Sample Topics

### May The Forks Be With You:

*Making the most of mealtime to*

- save money and time
- increase family time
- improve health

### Build Your Business One Bite At A Time:

*Mealtime magic that*

- improves performance
- decreases costs
- increases the bottom line

### The Magic Of Healthy Choices

*A magic show that educates while  
entertaining audiences of all ages.*

*A belly full of fun. A lifetime of learning.*

### The Best Health Care is Better Health

*A bite by bite look at how you are what  
you eat could be the most important  
health concept you ever learn.*

### Service From The Heart:

*How The Hungry, The Homeless  
And The Needy Saved My Life*

*(and can make a difference in yours too)*

Each one of Tom's presentations will be customized to reflect the goals of your group.

*Set the table for success at your next meeting, conference, convention or special event. 1.800.470.0588*